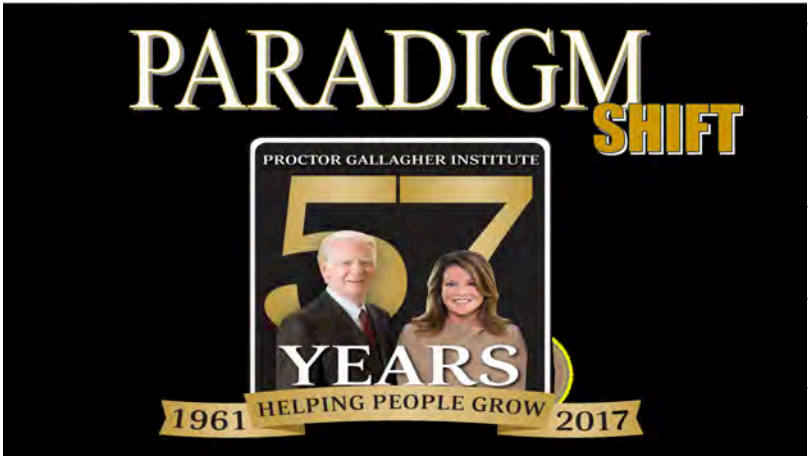


# PARADIGM SHIFT WELCOME



Director Of Events  
**GINA HAYDEN**



# PARADIGM SHIFT

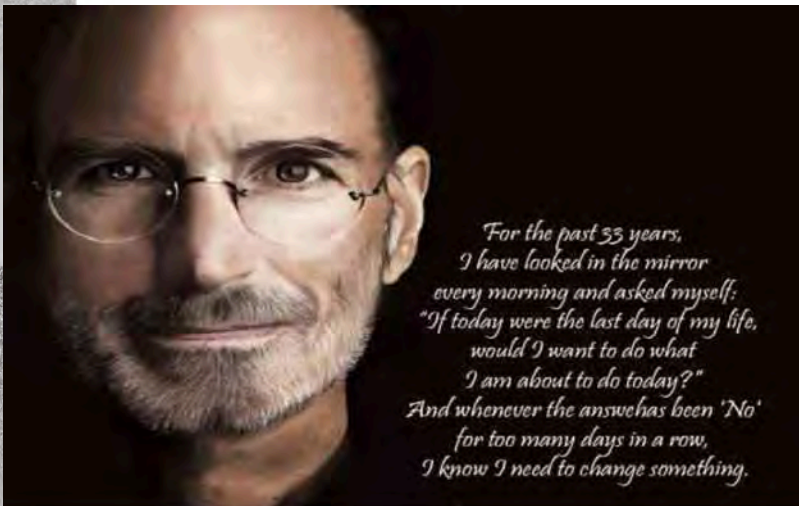
A resourceful environment where people from  
around the world collaborate, mastermind  
and explore opportunities while developing  
Financial independence by establishing  
**Multiple Sources Of Income.**

# paradigm

...is a mental program that has almost exclusive control over our habitual behavior... **AND** almost all of our behavior is habitual.



Sandy Gallagher  
CEO Proctor Gallagher Institute



*For the past 33 years,  
I have looked in the mirror  
every morning and asked myself:  
"If today were the last day of my life,  
would I want to do what  
I am about to do today?"  
And whenever the answer has been 'No'  
for too many days in a row,  
I know I need to change something.*



**CREATE**  
YOUR OWN ECONOMY



## PARADIGM SHIFT

## A-Type Goal

## You Know How To Do It

## B-Type Goal

## You Think You Can Do It

## A-Type Goal

## You Know How To Do It

What Ever Your Heart Desires  
Is Up Here Waiting For You,  
Just Name It and Claim It !

## B-Type Goal

## You Think You Can Do It

### A-Type Goal

## You Know How To Do It

# STRETCH

B-Type Goal

You Think You Can Do It

A-Type Goal

You Know How To Do It

" In absence of clearly-defined Goals,  
we become strangely loyal to performing  
daily trivia, until we ultimately  
become enslaved by it."

*Robert Heinlein*

*"To be able to shape your  
future, you have to be  
**WILLING and ABLE to  
CHANGE YOUR  
PARADIGM."***

JOEL BARKER

AUTHOR OF "PARADIGMS"

ProctorGallagher Institute

## PARADIGM SHIFT



R. Buckminster Fuller

*"Never change things by  
fighting the  
existing reality...  
to change something build  
a new model that makes the  
existing model  
obsolete."*

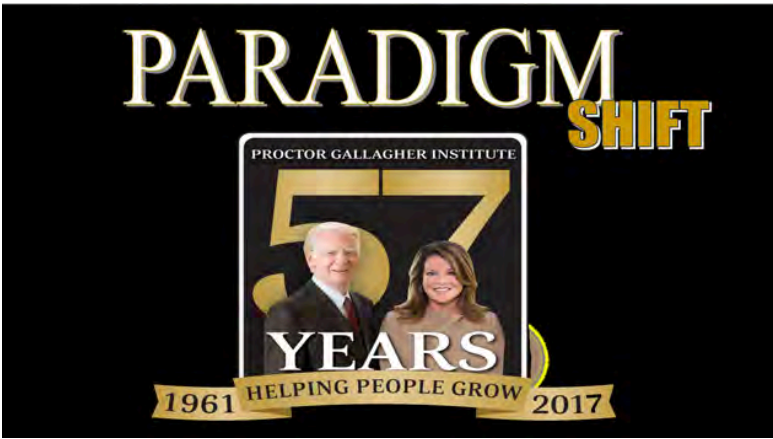


**"It's not who  
you are that  
holds you  
back, it's who  
you think  
you're not"**

Self-confidence  
is the  
first requisite to  
great  
undertakings.  
-Samuel Johnson



# PARADIGM SHIFT





### This Is Really A Black And White Deal

It does not matter how hard you work,  
or how many hours you put in...  
If the Paradigm does not change...  
the Results will ultimately remain much the same,  
from one year to the next.

### Paradigms & Cybernetics

*Paradigms and Cybernetics are both control systems and operate essentially on the same principle. Both maintain a definite course of action and will not deviate from the course that has been established. You must alter the Paradigm if you desire to achieve improved Results. Both Companies and Individuals have operating Paradigms.*

## PARADIGM SHIFT

*"To be able to shape your  
future, you have to be  
**WILLING** and **ABLE** to  
**CHANGE YOUR  
PARADIGM.**"*

JOEL BARKER

AUTHOR OF "PARADIGMS"

ProctorGallagher Institute



**Are you  
really  
Ready**





You

It's All About The....

MIND

Your Marvelous....

MIND



## PARADIGM SHIFT

*Y*our *S*piritual DNA is *P*erfect  
...it requires no Modification or Improvement  
...it is All Knowing  
...it is All Powerful  
...it is Ever Present  
...it is The Real You  
*Are you truly what or who you pretend to be?*



# PARADIGM SHIFT



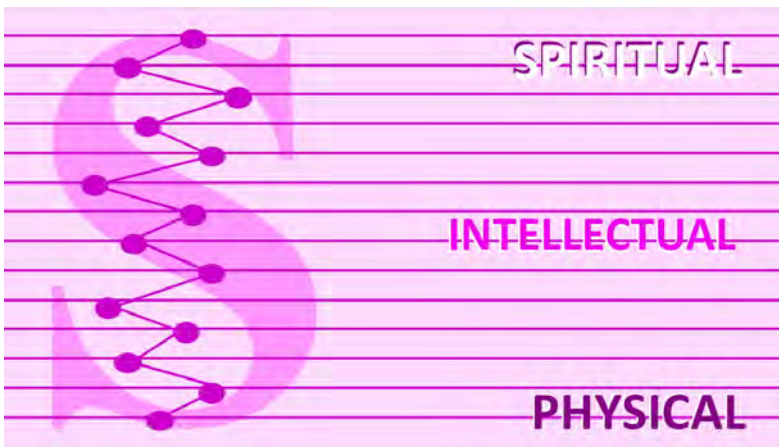
**SPIRITUAL**

**INTELLECTUAL**

**PHYSICAL**



**Is 100 %  
Evenly  
Present In All  
Places At The  
Same Time**

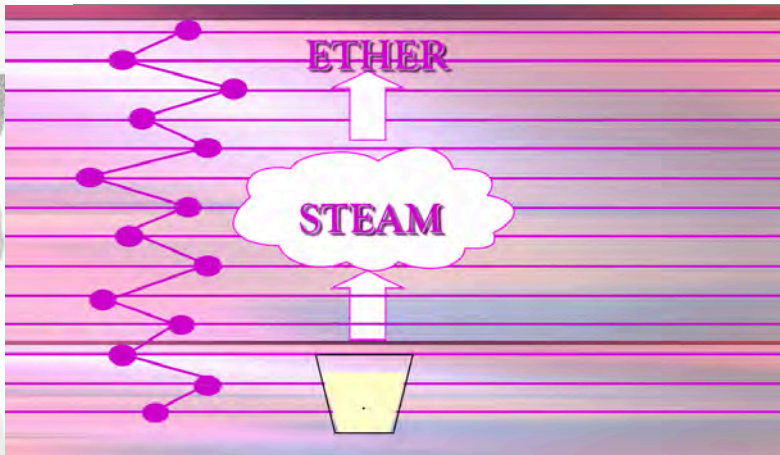
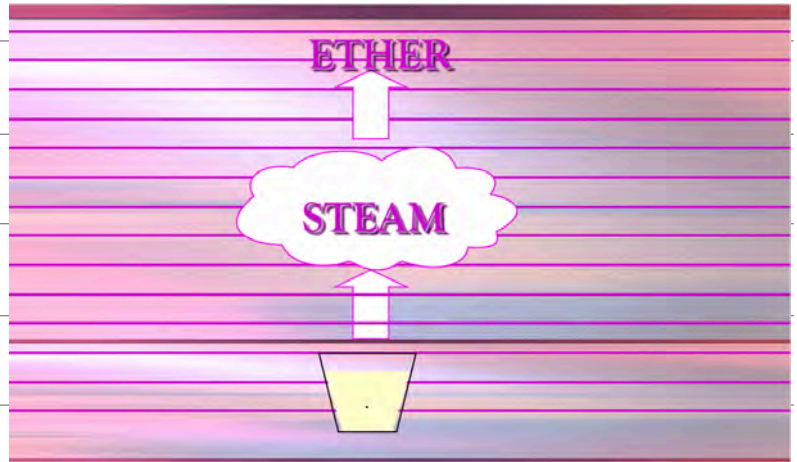


**SPIRITUAL**

**INTELLECTUAL**

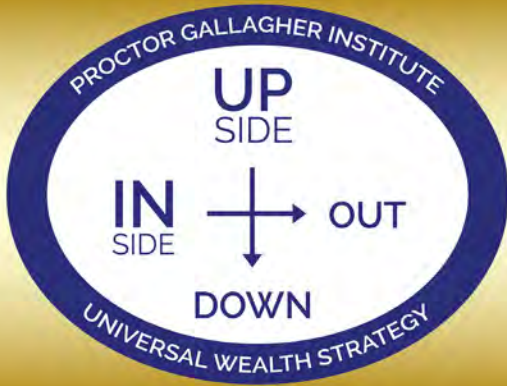
**PHYSICAL**

# PARADIGM SHIFT





# PARADIGM SHIFT





## PARADIGM SHIFT

**Most people  
are Extras in  
their own  
movie !**



Let's Look At   
YOUR MIND  
And YOUR Paradigm

In 1934 Dr. Thurman Fleet was involved in the Healing Arts and Holistic Health.

He stated, "The Mind is an activity not a thing. No one has ever seen the Mind. In order to gain clarity and eliminate confusion, I will create an image we can work with."

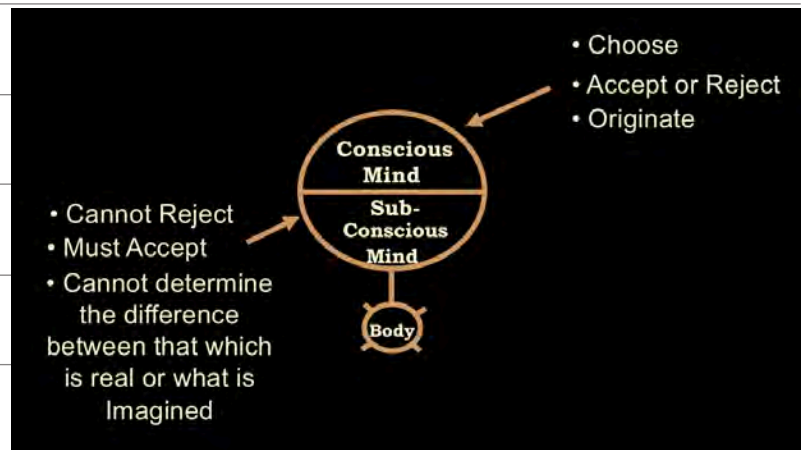
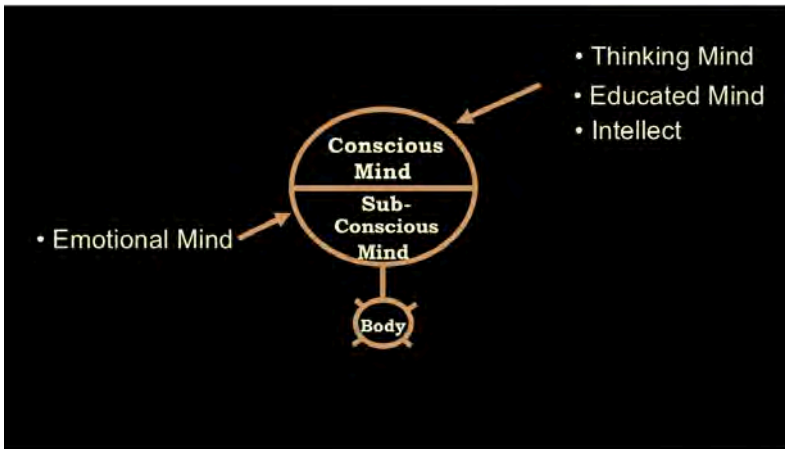
Let's Look At   
YOUR MIND  
And YOUR Paradigm



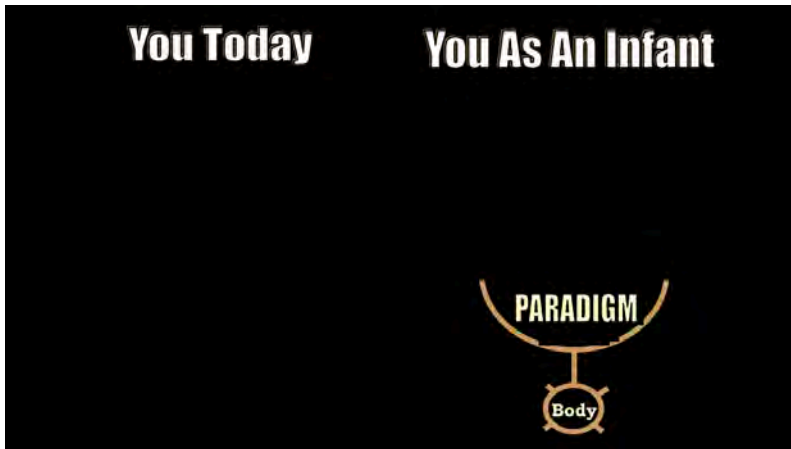
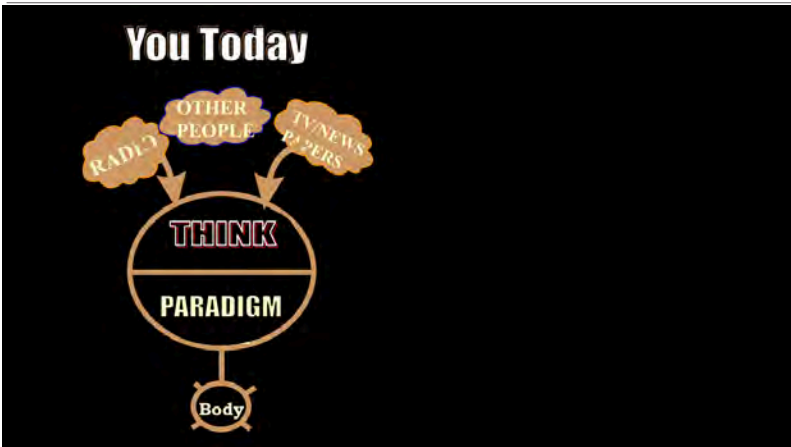
"This is the most valuable idea I have ever learned."

Bob Proctor

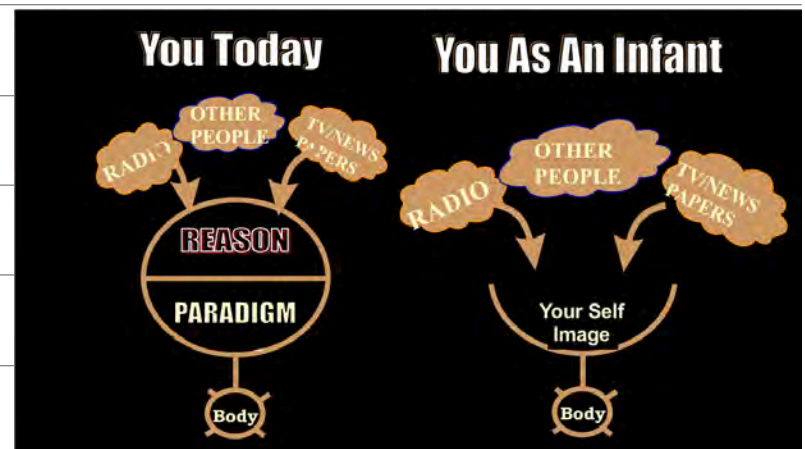
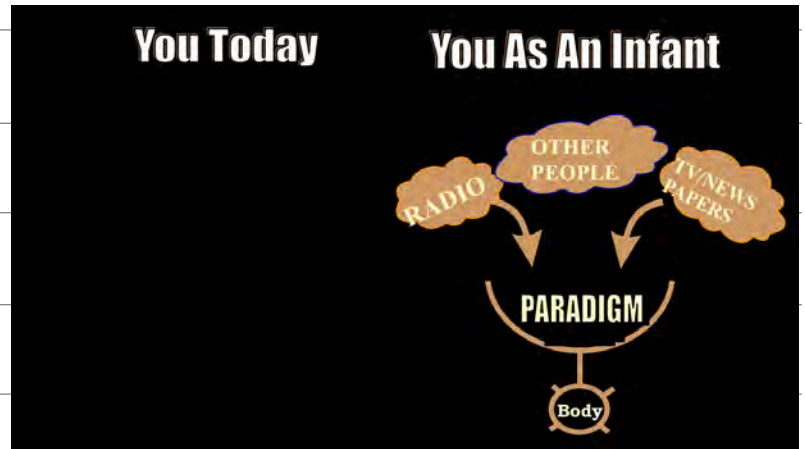
# PARADIGM SHIFT



# PARADIGM SHIFT



# PARADIGM SHIFT



" In absence of clearly-defined Goals,  
we become strangely loyal to performing  
daily trivia, until we ultimately  
become enslaved by it."

*Robert Heinlein*




# PARADIGM SHIFT

*School gave us valuable knowledge*

However **SCHOOL** never taught us how to alter our old **PARADIGMS**

Therefore we frequently do not do, what we **Already Know** how to do!

**Superior Knowledge**  
**Inferior Results**  
**Causes Confusion & Frustration**




*School gave us valuable knowledge*

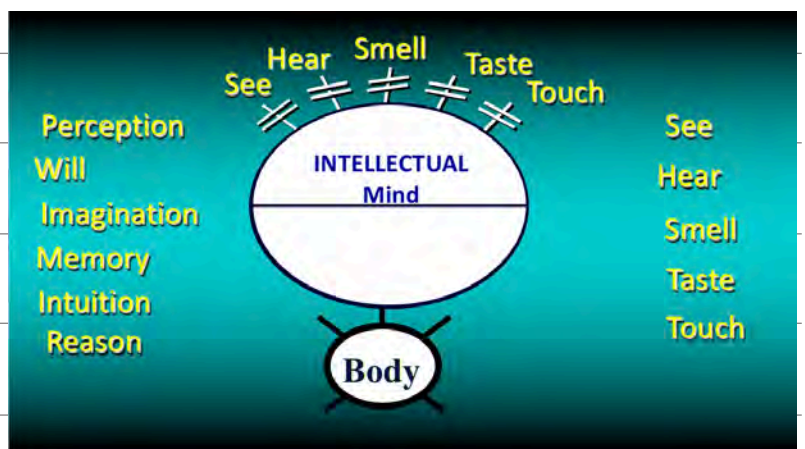
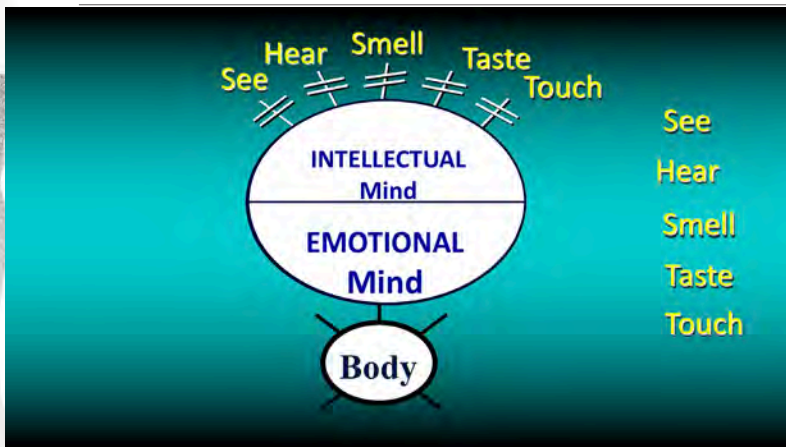
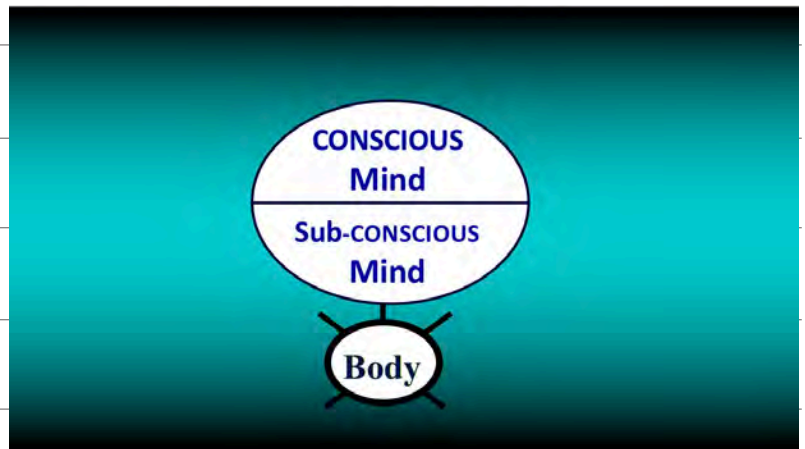
However **SCHOOL** never taught us how to alter our old **PARADIGMS**

Therefore we frequently do not do, what we **Already Know** how to do!

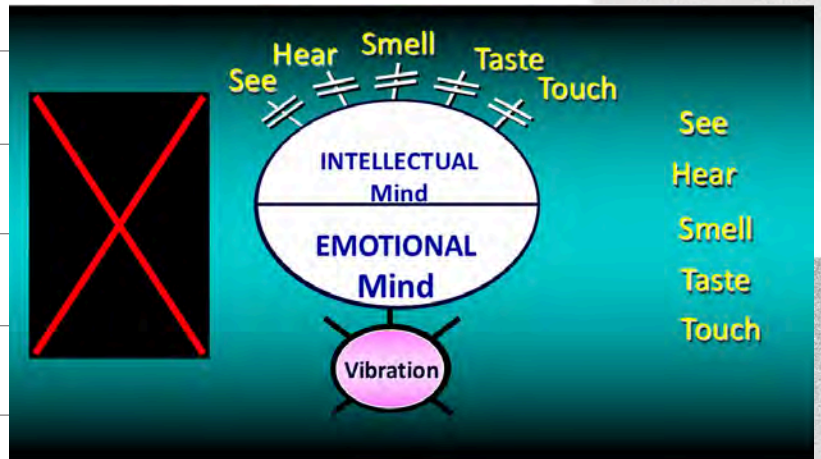
**Superior Knowledge**  
**Inferior Results**  
**Causes Confusion & Frustration**

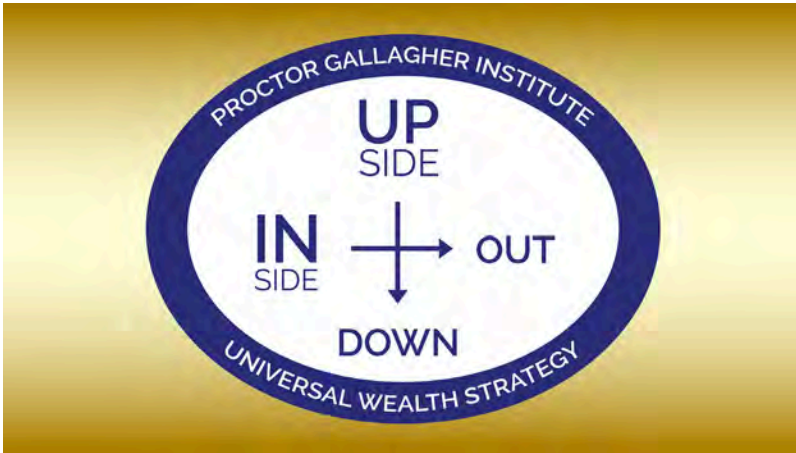


# PARADIGM SHIFT



# PARADIGM SHIFT





Inductive Reasoning

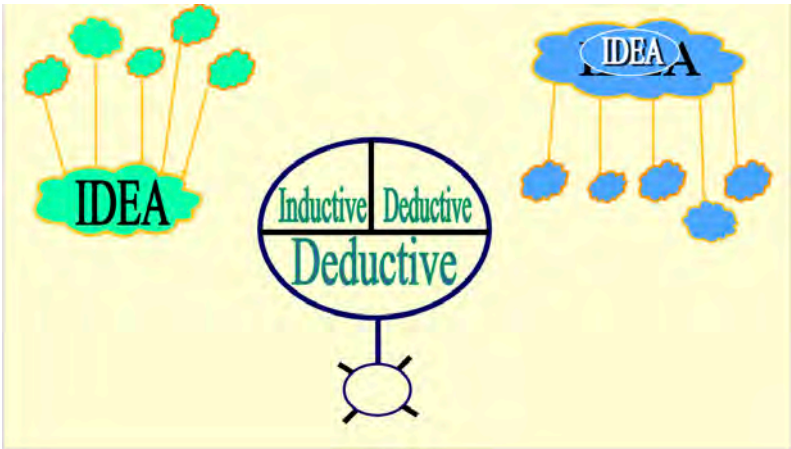
THINKING



# PARADIGM SHIFT



# PARADIGM SHIFT



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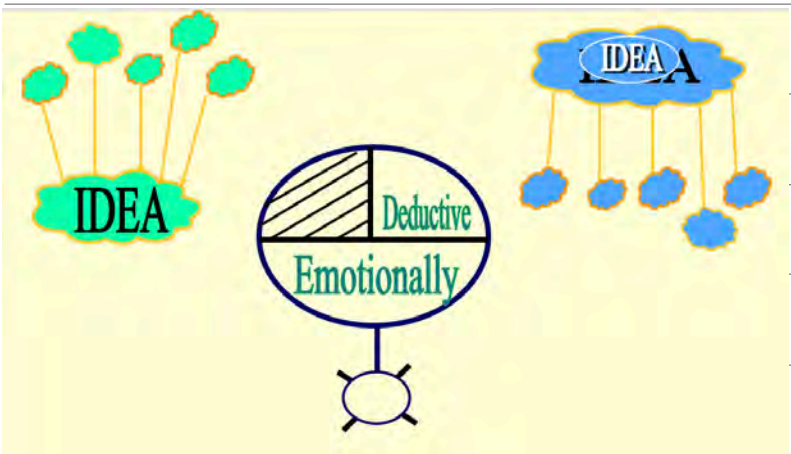
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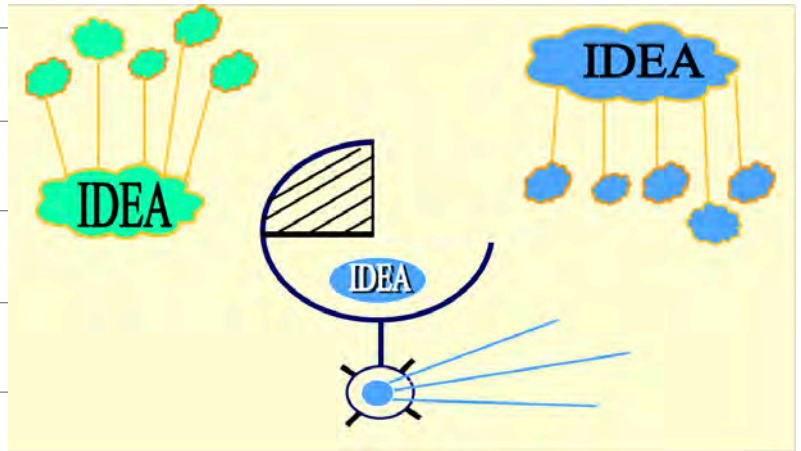
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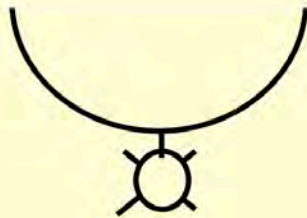
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# PARADIGM SHIFT



## Deductive Reasoning



## PARADIGM SHIFT

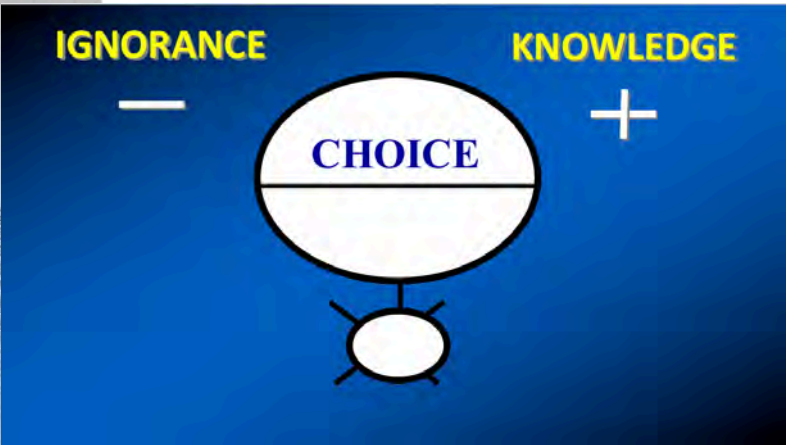
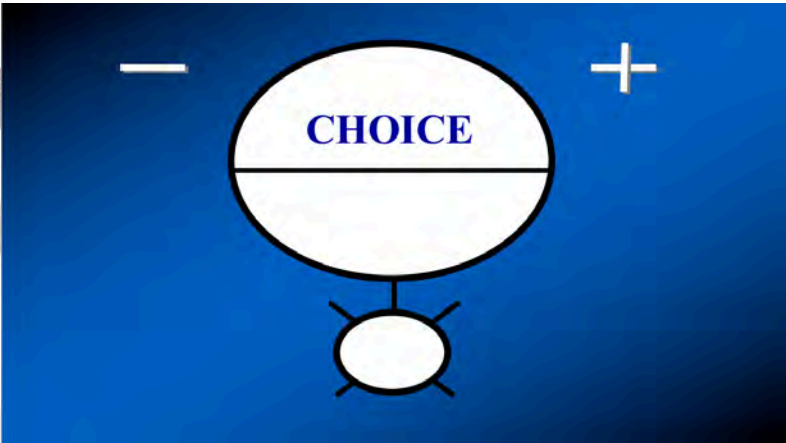
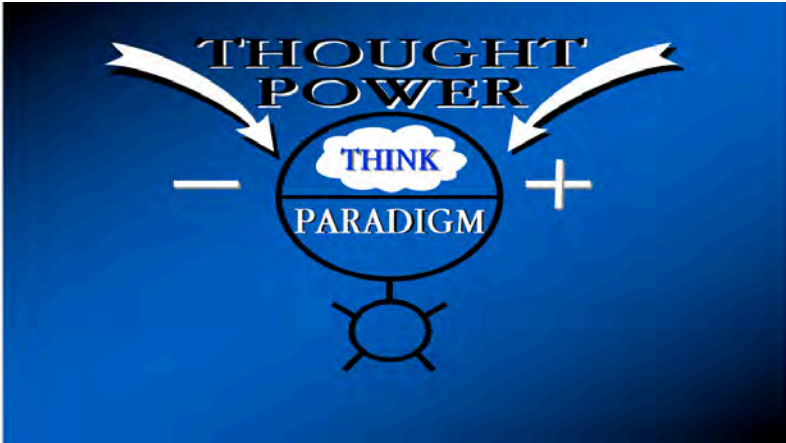


## CONTROL THE FLOW

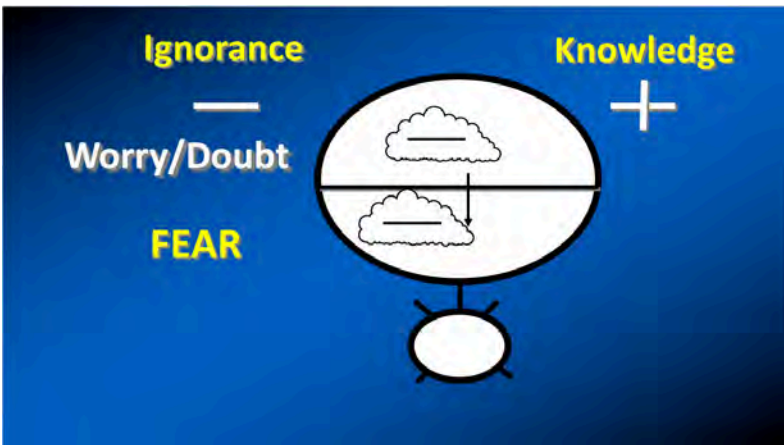
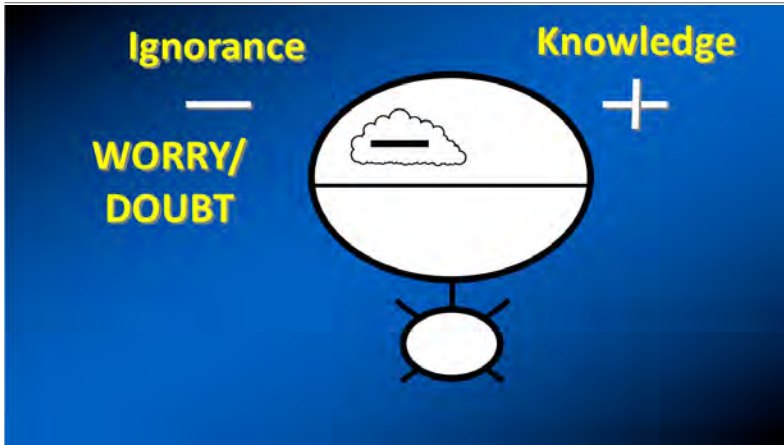
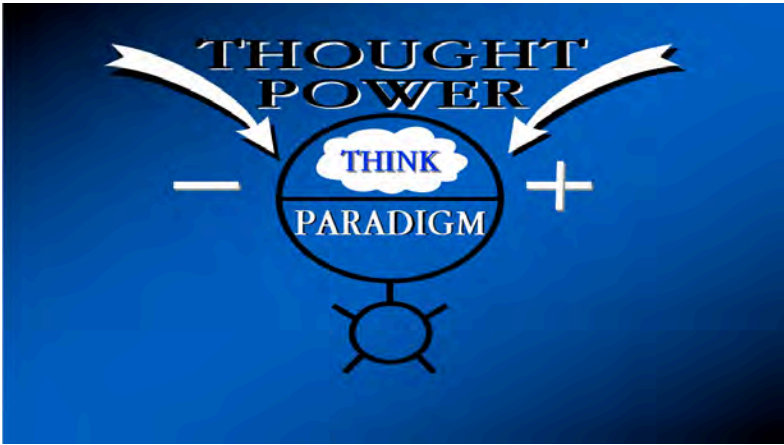
...of thought energy,  
let it flow freely, to, and through you,  
improving everything with which it connects.



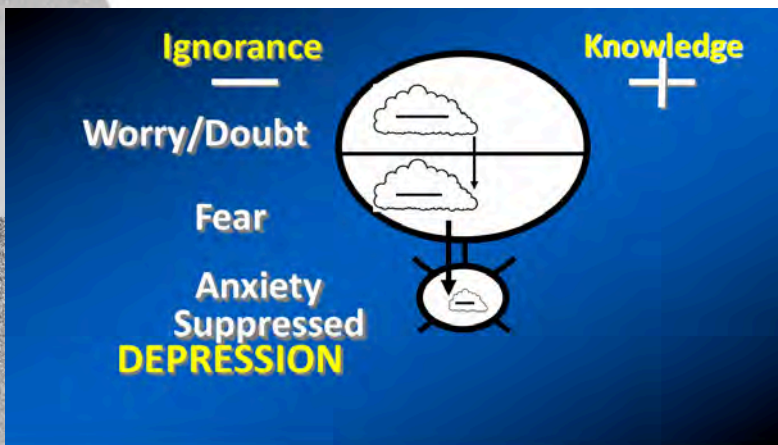
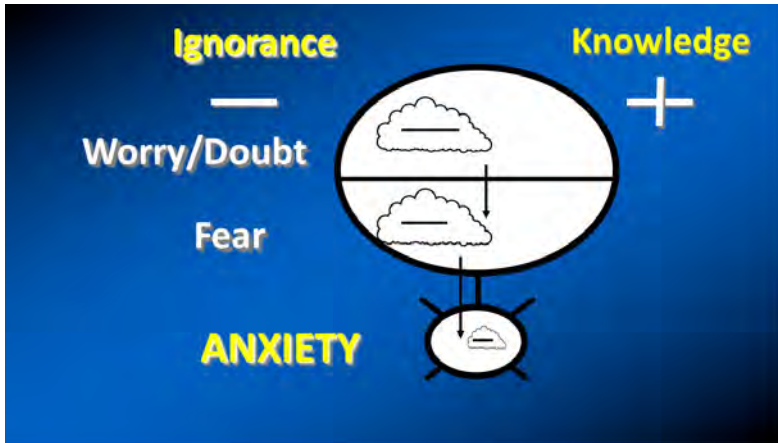
# PARADIGM SHIFT



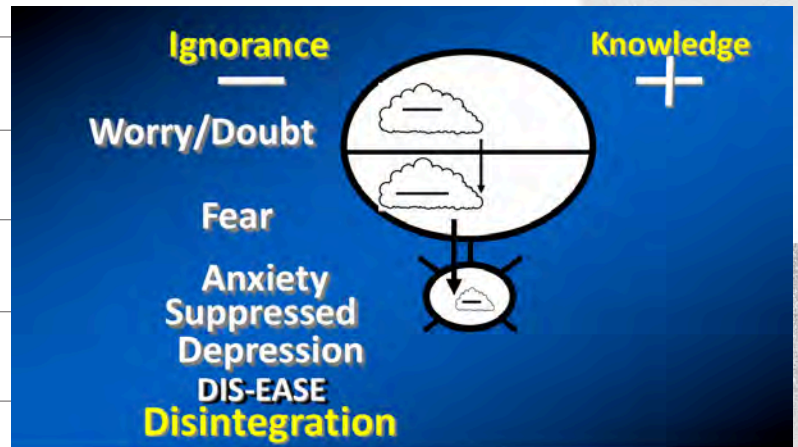
# PARADIGM SHIFT



# PARADIGM SHIFT



# PARADIGM SHIFT



FAITH BASED ON  
UNDERSTANDING IS...

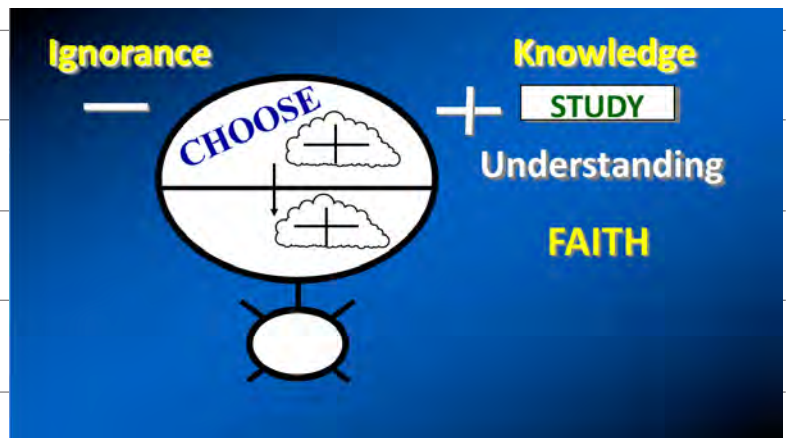
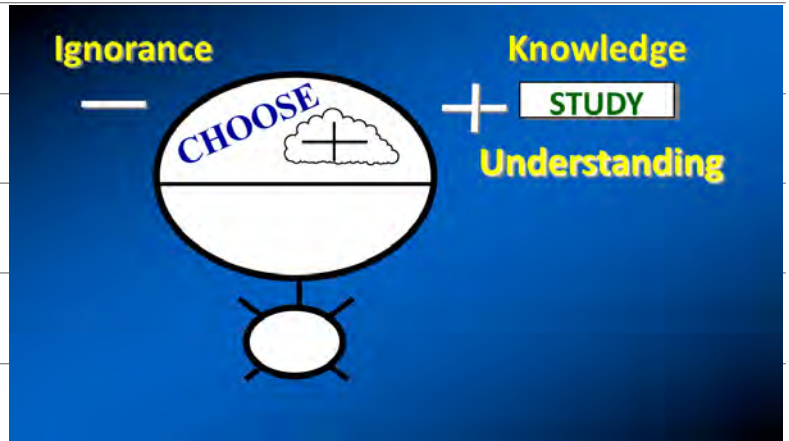
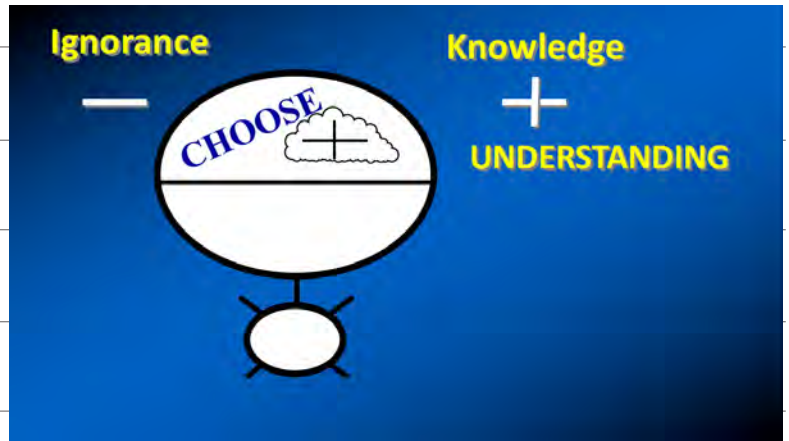


THE KEY TO FREEDOM

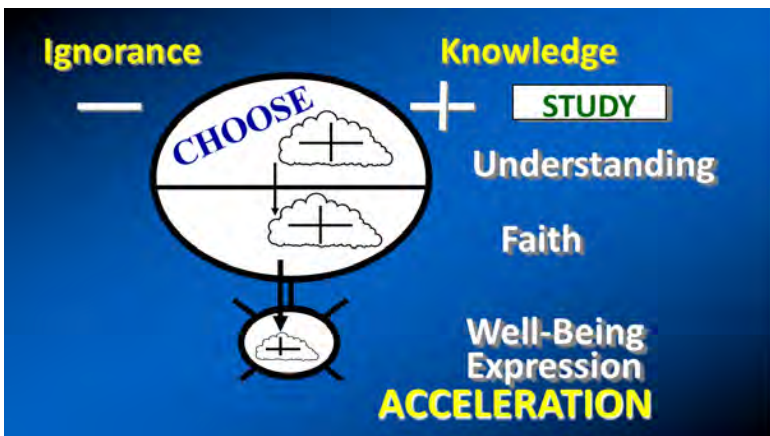
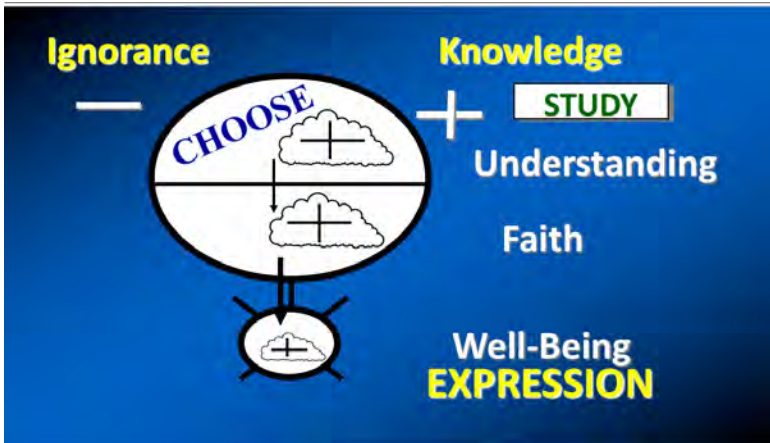
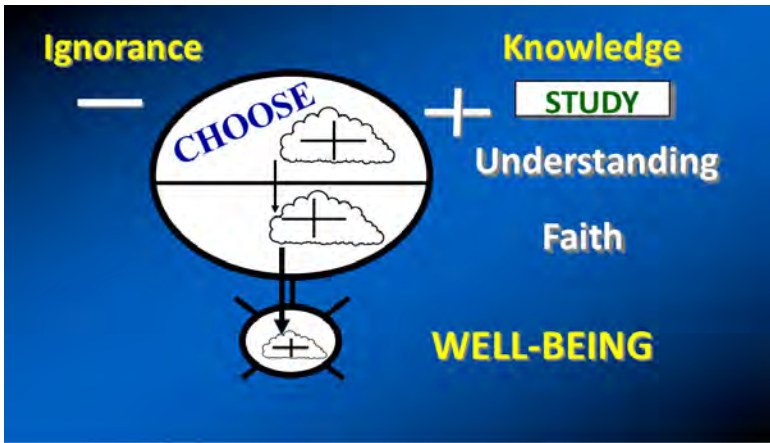




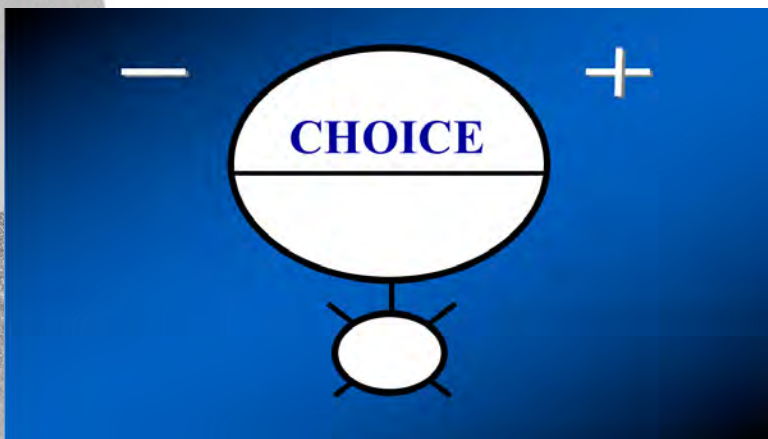
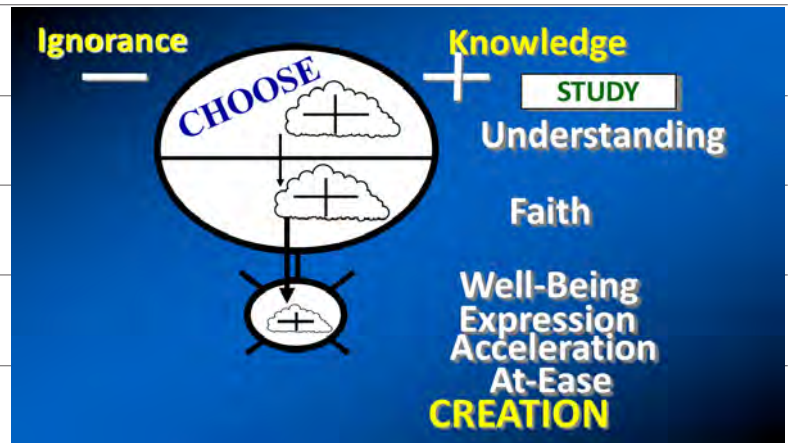
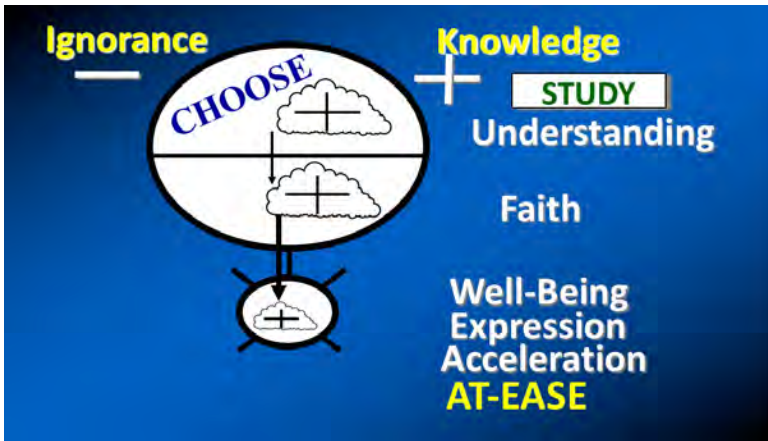
# PARADIGM SHIFT



# PARADIGM SHIFT

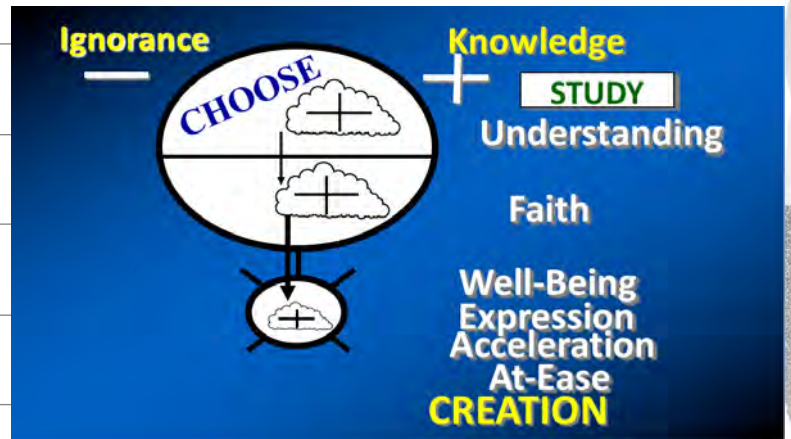


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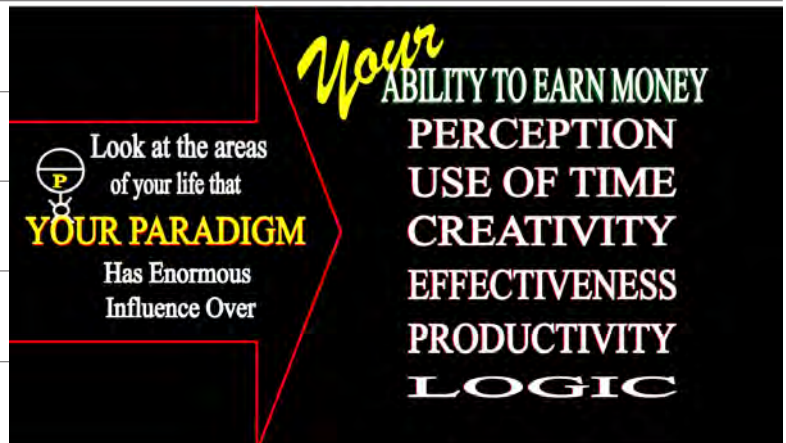


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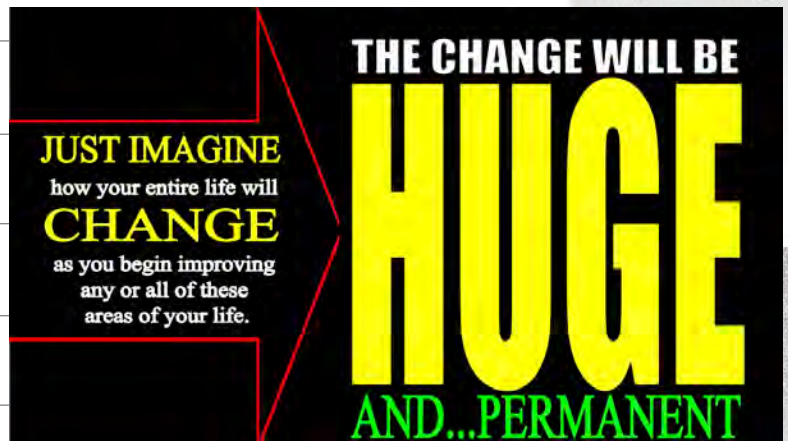




# PARADIGM SHIFT



## PARADIGM SHIFT



The Many Levels Of Awareness  
**AWARENESS**

HIGH

A



B



LOW

What role does  
**AWARENESS**  
play in our  
**RESULTS**

# PARADIGM SHIFT

A



B





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A



B





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A



B



To The Development Of The Intellect



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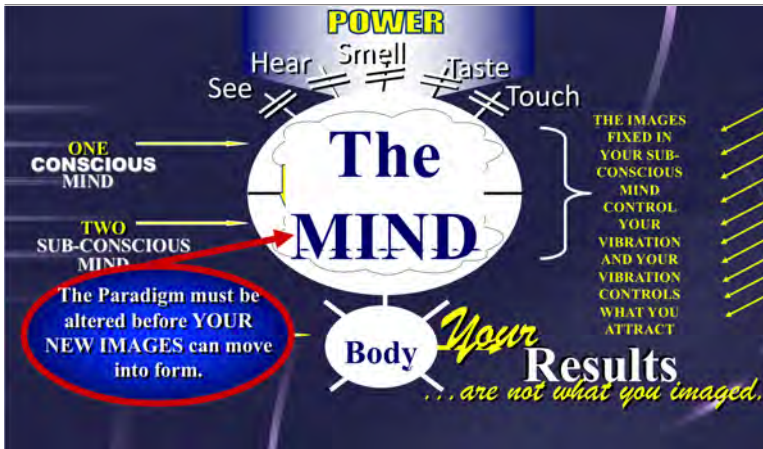
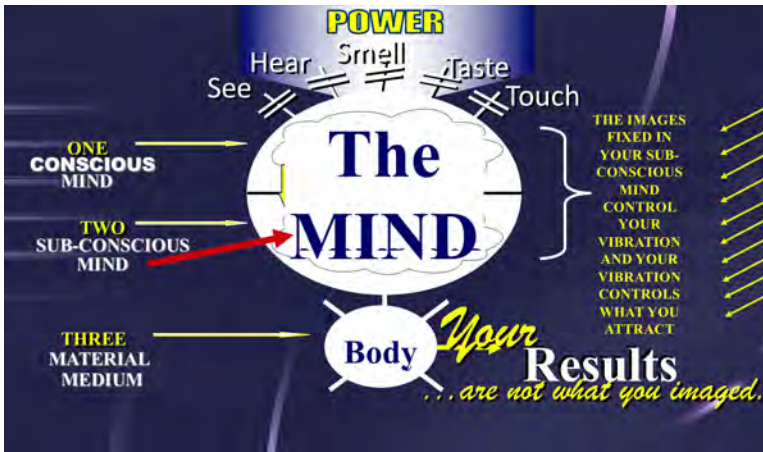
Developing Awareness Has Taken A Back Seat



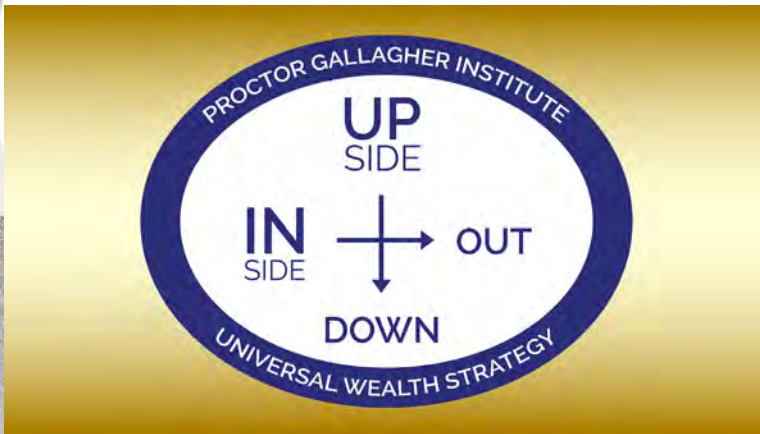
# PARADIGM SHIFT



# PARADIGM SHIFT



# PARADIGM SHIFT



**Your Results  
Are An Expression  
Of Your Level  
Of Awareness**

**Your  
Awareness  
Is Blocked By  
Layers Of Virus**



# PARADIGM SHIFT



## PARADIGM SHIFT



A person doesn't  
earn \$100,000 a  
year because they  
want to earn  
\$100,000 a year.

They earn  
\$100,000 a year  
because they are  
not Aware of how  
to earn \$100,000 a  
month !

“Let there be Light”



It is a sad thing  
when you see a  
**CHILD** who is  
afraid of **The**  
**DARK**  
...but it is  
even worse  
when you see  
an **ADULT**  
afraid of  
**The LIGHT**

How do I Expand My Level Of Awareness ?



Effective Education ... combined with Professional Coaching;  
over a reasonable period of time, will eliminate Virus Code and  
Expand A Person's Level Of Awareness

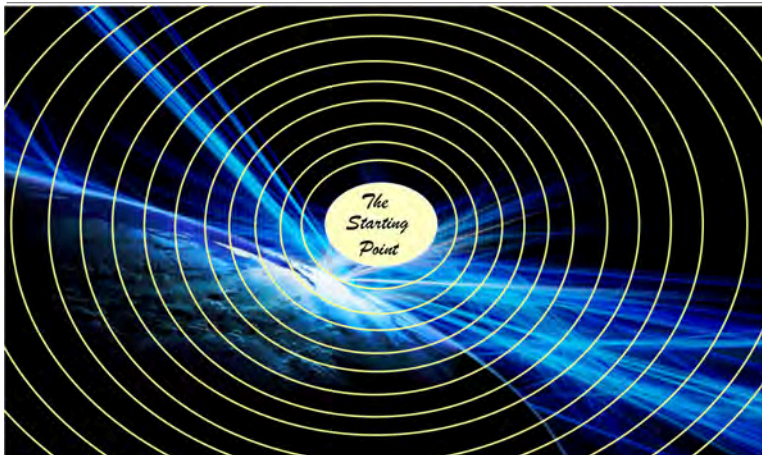
**AWARENESS**

**Everything You Are Seeking  
Is Seeking You!**

## PARADIGM SHIFT

### "IT'S ALL IN AWARENESS"

There is a marvelous inner world that exists within us, and the revelation of such a world enables us to do, to attain and achieve anything we desire within the bounds or limits of Nature.



### The Starting Point

*It's an old saying that  
"Order is Heaven's First Law,"  
and like many other old sayings it contains a much  
deeper philosophy  
than appears immediately  
on the surface.*



## PARADIGM SHIFT

*Getting things into a better order is the great secret of progress, and we are now able to fly through the air, not because the laws of Nature have altered, but because we have learned to arrange things in the right order to produce this result—*

*....the things themselves had existed from the beginning of the world, but what was wanting was the introduction of a Personal Factor which, by an intelligent perception of the possibilities contained in the laws of Nature,*

*... should be able to bring into working reality, ideas which previous generations would have laughed at as the absurd fancies of an unbalanced mind.*

## PARADIGM SHIFT

*The lesson to be learned from the practical aviation of the present day is that of the triumph of principle over precedent, of the working out of an idea to its logical conclusions in spite of the accumulated testimony of all past experience to the contrary:*

*and with such a notable example before us, can we say that it is futile to inquire whether by the same method we may not unlock still more important secrets and gain some knowledge of the unseen causes which are at the back of external and invisible conditions.*



*and then by bringing  
these unseen causes into a better  
order make practical working  
realities of possibilities  
which at present seem but  
fantastic dreams."*

*Thomas Troward*

## CONTROL THE FLOW

...of thought energy,  
let it flow freely, to, and through you,  
improving everything with which it connects.

You Are  
A Mass  
Of Energy  
And You  
Function On  
Frequencies

A FREQUENCY IS A LEVEL OF VIBRATION



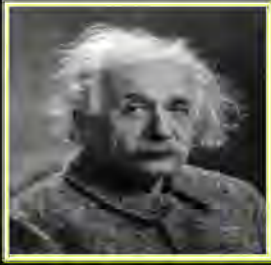
A FREQUENCY IS A LEVEL OF VIBRATION

THERE ARE AN INFINITE NUMBER OF FREQUENCIES

Every Frequency Is  
Connected To The  
One Above And  
The One Below

# PARADIGM SHIFT

PERCEPTION MEMORY IMAGINATION REASON INTUITION WILL



"The intuitive mind  
is a sacred gift and  
the rational mind is  
a faithful servant.

We have created a  
society that honors  
the servant and has  
forgotten the gift."

Albert Einstein

The moment your belief matches with any  
state you fuse with it, and this union results in the  
activation and projection of its plots, plans,  
conditions and circumstances.

This new state of conscious awareness becomes  
your home from which you view the world.

It is your workshop, and, if you are observant, you will see outer  
reality shaping itself upon the model of your imagination.



When you move onto  
a higher frequency  
you will be communicating  
with a world totally  
foreign to, and beyond  
the reach of your five senses.

# PARADIGM SHIFT

Progress Of This Nature Is An Expression Of Higher Levels Of Awareness.

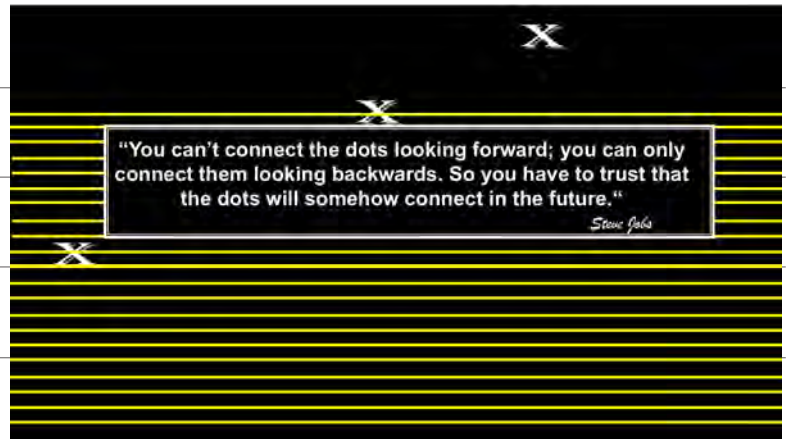
December 17, 1903



July 20, 1969



From Kitty Hawk, North Carolina to ... The Moon  
In Just 979 Months.



**Most people  
are Extras in  
their own  
movie !**



## CONTROL THE FLOW

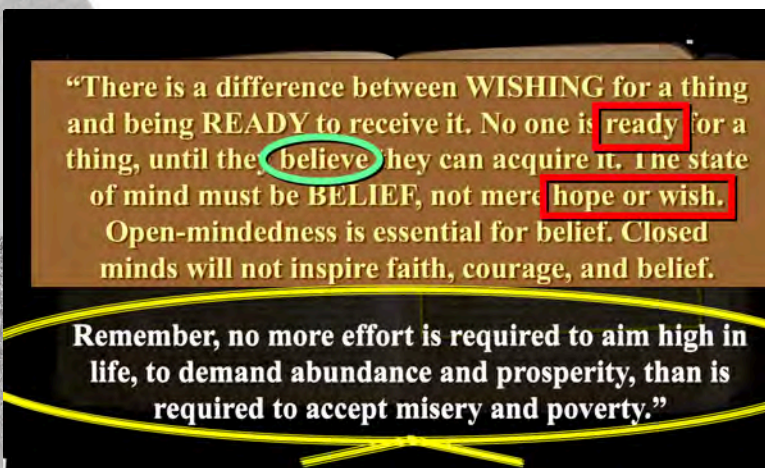
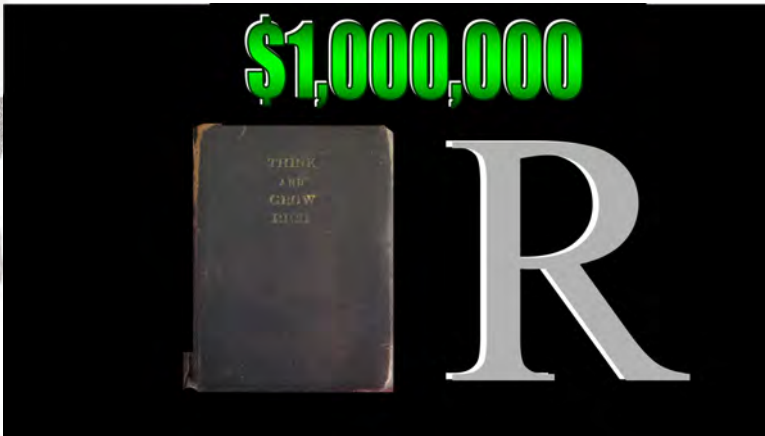
...of thought energy,  
let it flow freely, to, and through you,  
improving everything with which it connects.

To move to a considerably higher Frequency  
of thought you must first consent, and then adapt to the  
ideas and feelings the New Frequency represents.

At the suggestion of a move your Paradigm will  
instantly put up a Royal Battle ...and it will continually  
fight you. You must take Conscious  
Control over the Paradigm, remove and replace it.



## PARADIGM SHIFT





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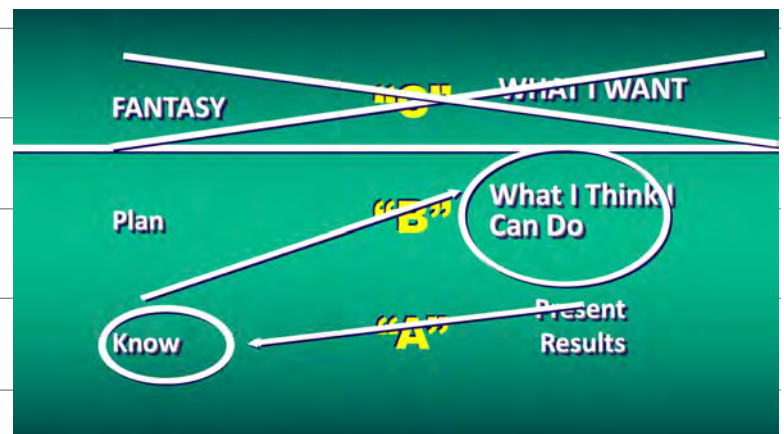
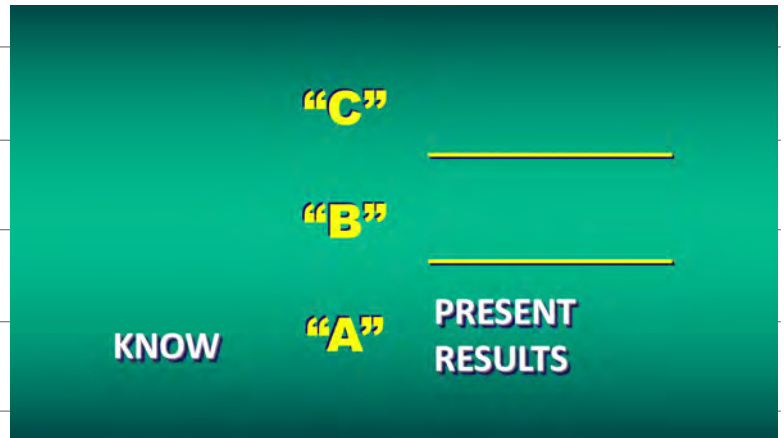
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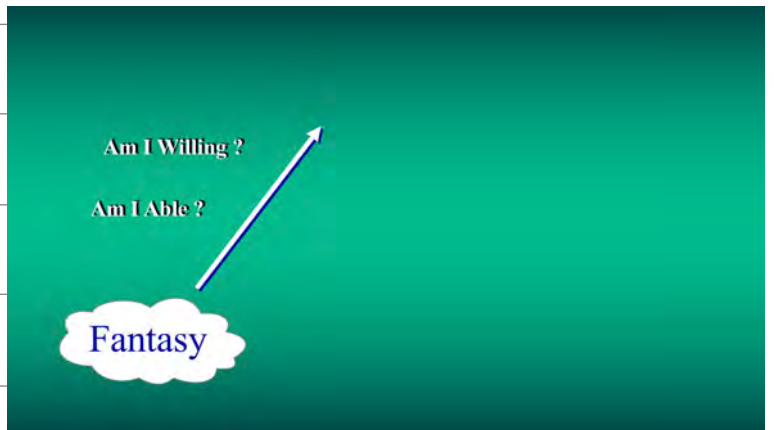
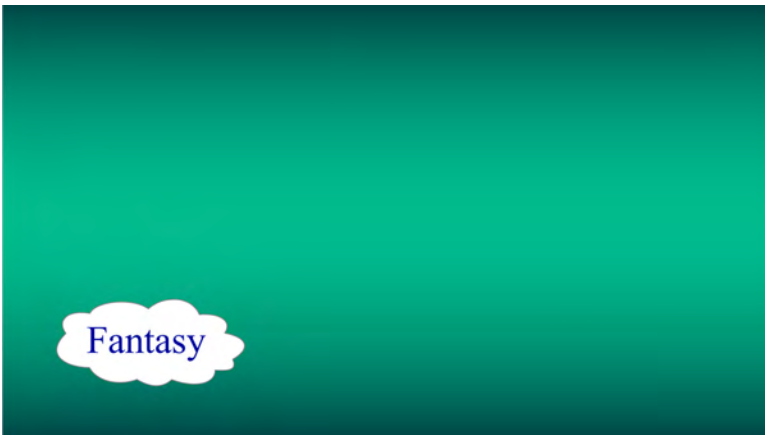
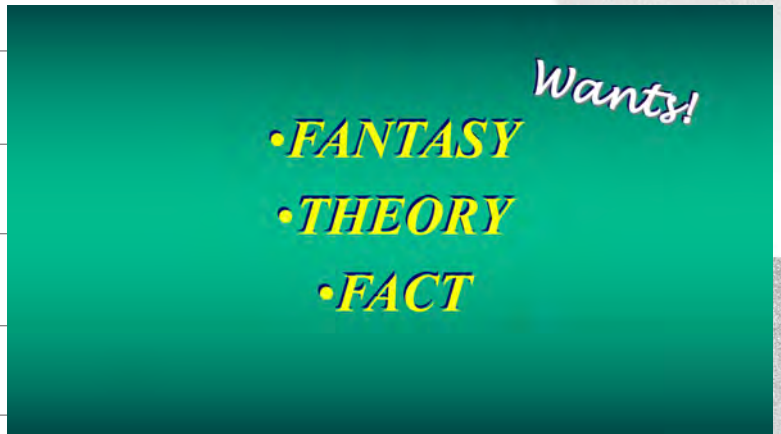
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# PARADIGM SHIFT

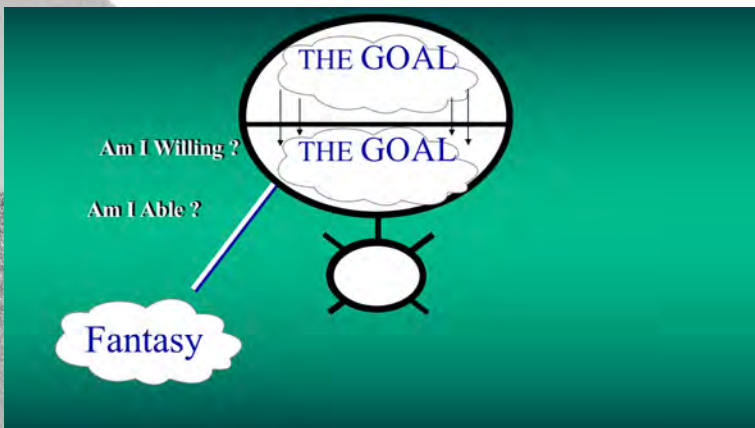
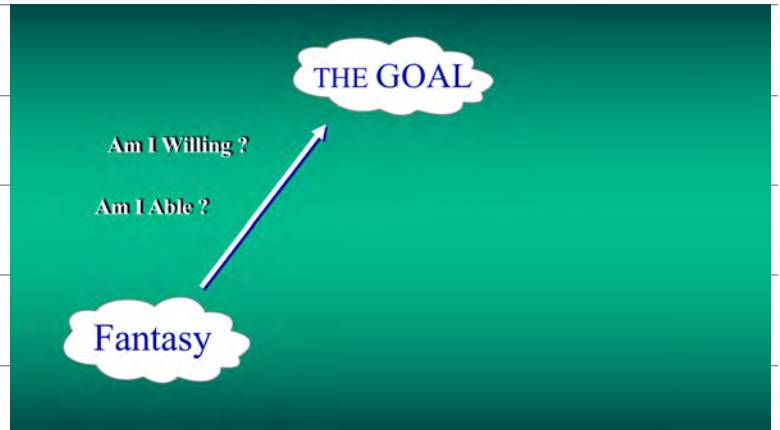
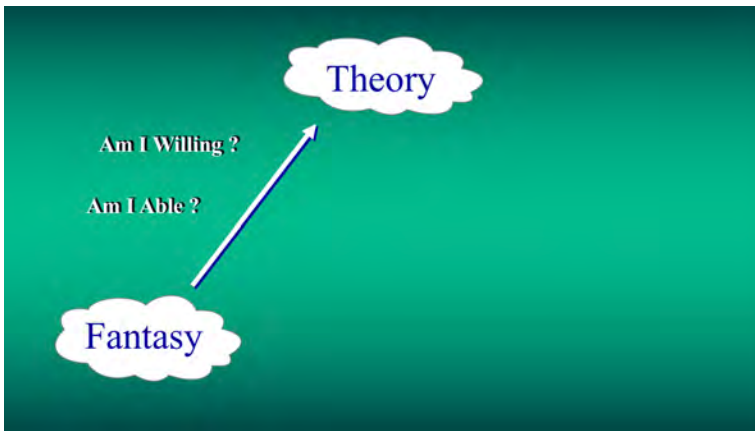


# PARADIGM SHIFT

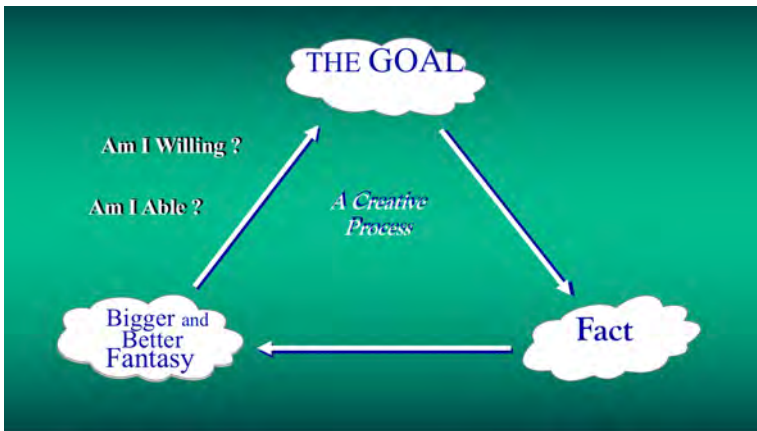




# PARADIGM SHIFT



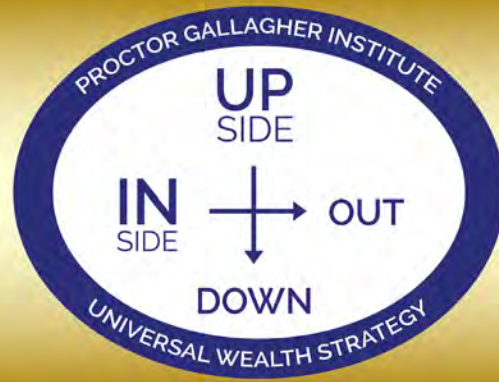
# PARADIGM SHIFT



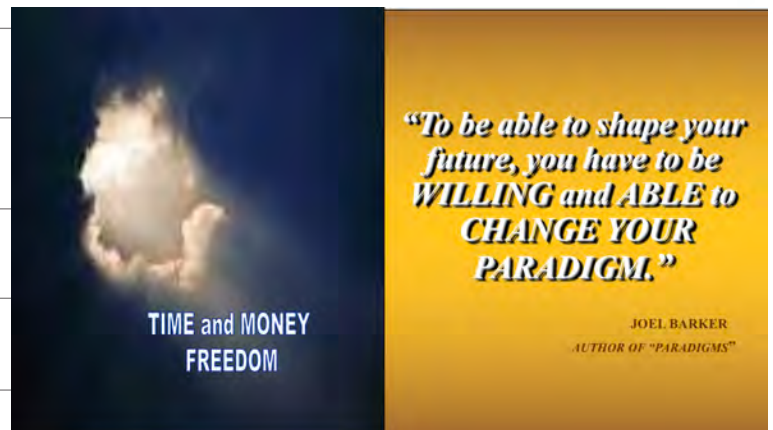
## PARADIGM SHIFT



# PARADIGM SHIFT



Creativity is the opposite of Routine  
You Must Become Very Creative





Creativity is the opposite of Routine



Change Requires Us To Find New Ways

When  
Paradigms  
Stay in control  
**NOTHING CHANGES**

## PARADIGM SHIFT

To learn we need a certain degree of  
confidence, not too much and not too little.  
If we have too little we will think we can't learn;  
If we have too much we will think  
we don't have to learn.



- Eric Hoffer

What Ever Your Heart Desires  
It Is Up Here Waiting For You,  
Just Name It and Claim It !

B-Type Goal

You Think You Can Do It

A-Type Goal

You Know How To Do It

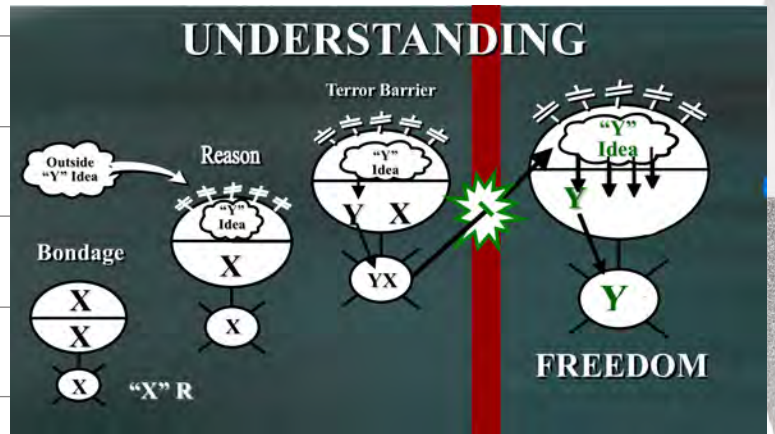
# PARADIGM SHIFT

You Don't Know How C-Type Goal	BUT-You Know You Will What YOU Really "Want To Do"
<b>STRETCH</b>	
B-Type Goal	You Think You Can Do It
A-Type Goal	You Know How To Do It



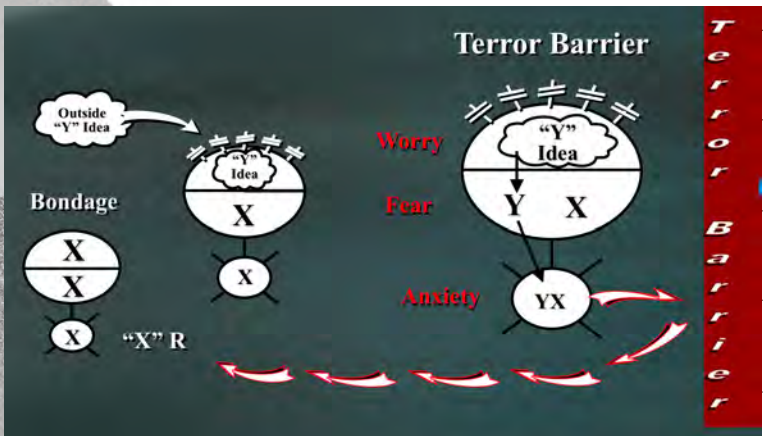
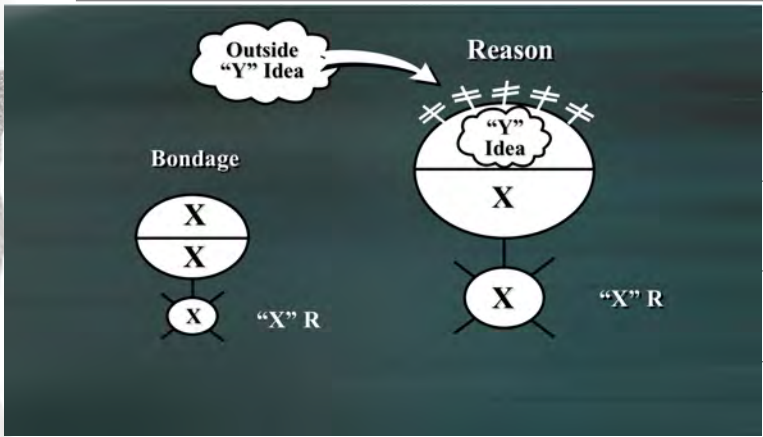
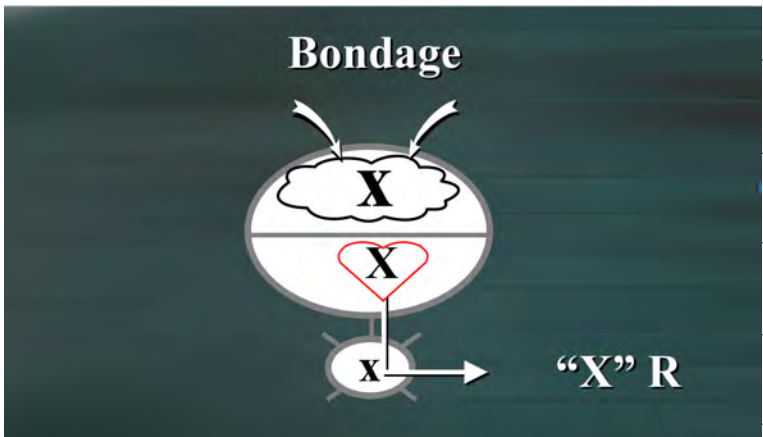
**Bringing Your Best To The Surface**

# PARADIGM SHIFT





# PARADIGM SHIFT



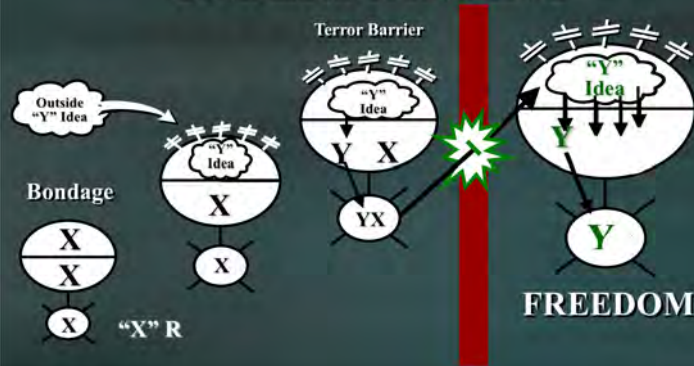
## PARADIGM SHIFT

"The cave you fear to enter  
holds the treasure you seek."

Joseph Campbell

Proctor Gallagher

### UNDERSTANDING



You must begin to ...  
**THINK**

# PARADIGM SHIFT

## Seven Levels Of Awareness

7.	Mastery	Respond... Think and Plan
6.	Experience	
5.	Discipline	
4.	Individual	
3.	Aspiration	
2.	Mass	
1.	Animal	Re-act ... Fight or Flight

## Seven Levels Of Awareness

7.	Mastery	Respond ..... Think and Plan
6.	Experience	
5.	Discipline	
4.	Individual	You Express Your Uniqueness
3.	Aspiration	You Desire Something Greater
2.	Mass	Follow The Masses...Paradigms
1.	Animal	Re-act ..... Fight or Flight



## PARADIGM SHIFT

### Seven Levels Of Awareness

7.	Mastery	Respond ..... Think and Plan
6.	Experience	
5.	Discipline	
4.	Individual	You Express <span style="background-color: pink;"> </span> of Uniqueness
3.	Aspiration	You Desire Something Greater
2.	Mass	Follow The Masses...Paradigms
1.	Animal	Re-act ..... Fight or Flight

### Seven Levels Of Awareness

7.	Mastery	Respond ..... Think and Plan
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1.	Animal	Re-act ..... Fight or Flight



## PARADIGM SHIFT

### Seven Levels Of Awareness

7.	Mastery	Respond ..... Think and Plan
6.	Experience	Your Actions Change Your RESULTS
5.	Discipline	Give Yourself A Command and Follow it.
4.	Individual	You Express Your Uniqueness
3.	Aspiration	You Desire Something Greater
2.	Mass	Follow The Masses...Paradigms
1.	Animal	Re-act ..... Fight or Flight

### Seven Levels Of Awareness

7.	Mastery	Respond ..... Think and Plan
6.	Experience	
5.	<b>WISH</b>	
4.	Individual	You Express Your Uniqueness
3.	Aspiration	You Desire Something Greater
2.	Mass	Follow The Masses...Paradigms
1.	Animal	Re-act ..... Fight or Flight

# STUCK

## DISCIPLINE

...is the ability to  
Give Yourself A Command  
and then Follow It!

WANTS and Discipline NEED to be Connected

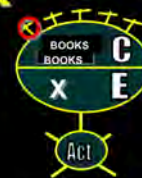
### Seven Levels Of Awareness

7.	Mastery	Respond .... Think and Plan
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3.	Aspiration	You Desire Something Greater
2.	Mass	Follow The Masses...Paradigms
1.	Animal	Re-act .... Fight or Flight

# Here Is The ANSWER

**Yellow...Organized Education Model**

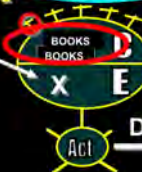
Hear | Gather Information | Know



**White... Proctor Gallagher Model**

**Yellow...Organized Education Model**

Hear | Gather Information | Know  
Listen | Learn | Do



**White... Proctor Gallagher Model**



# PARADIGM SHIFT



*"Never change things by fighting the existing reality... to change something build a new model that makes the existing model obsolete."*

R. Buckminster Fuller

*"To be able to shape your future, you have to be **WILLING** and **ABLE** to **CHANGE YOUR PARADIGM**"*

Remember, Just **6** Minutes to Having It All.

JOEL BARKER  
AUTHOR OF "PARADIGMS"

admin@sixminutestosuccess.com

An Acorn Is Planted  
In The Earth...Energy  
Is Attracted To The  
Acorn's Energy And  
Becomes One With  
The Acorn





# PARADIGM SHIFT

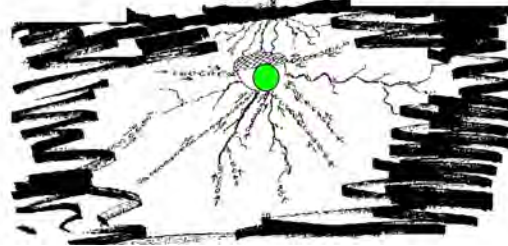
An Acorn Is Planted  
In The Earth...Energy  
Is Attracted To The  
Acorn's Energy And  
Becomes One With  
The Acorn

Energy In  
Harmony With  
The Seed



An Acorn Is Plan  
In The Earth...En  
Is Attracted To T  
Acorn's Energy A  
Becomes One W  
The Acorn

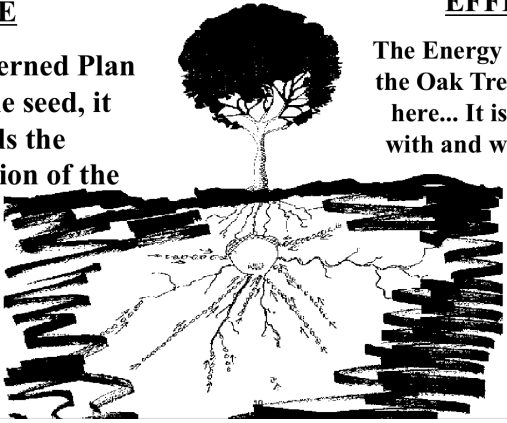
Energy In  
Harmony With  
The Seed



# PARADIGM SHIFT

## CAUSE

A Patterned Plan  
is in the seed, it  
controls the  
Vibration of the  
Seed



## EFFECT

The Energy that Created  
the Oak Tree was always  
here... It is in Harmony  
with and was Attracted  
to the Seed

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THE ACORN IS IN THE EARTH  
THE ENERGY FOR THE OAK TREE IS IN THE UNIVERSE

THE LAW OF ATTRACTION BROUGHT THEM TOGETHER

## PARADIGM SHIFT



### This Is Really A Black And White Deal

It does not matter how hard you work,  
or how many hours you put in...  
IF the Paradigm does not change...  
the Results will ultimately remain much the same,  
from one year to the next.

When  
paradigms  
stay in control  
**NOTHING CHANGES**

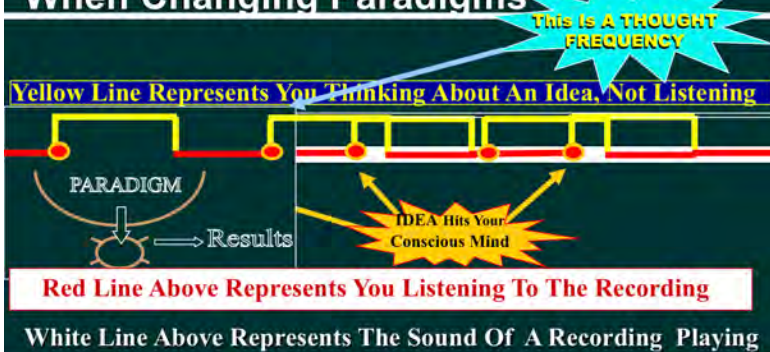
## PARADIGM SHIFT

1. The constant spaced repetition of ideas, that are essentially opposite to the Paradigm.

**THERE ARE ONLY 2 KNOWN WAYS  
To Change A Paradigm !**

2. The personal experience of an Emotional Impact.

### Why Repetition Is Necessary When Changing Paradigms



*"To be able to shape your  
future, you have to be  
**WILLING** and **ABLE** to  
**CHANGE YOUR  
PARADIGM"***

Remember,  
**Just 6**  
Minutes to  
Having It All.

JOEL BARKER

AUTHOR OF "PARADIGMS"

admin@sixminutetosuccess.com



## PARADIGM SHIFT

### The Man that changed Napoleon Hill's World



Andrew Carnegie



Young Napoleon Hill

"Andrew Carnegie, I'm not only going  
to equal your achievements in life,  
But I'm going to challenge you at the  
post and pass you at the grandstand."

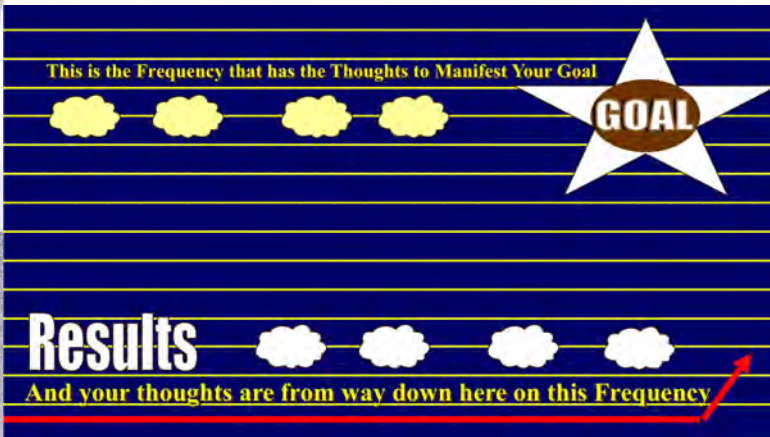
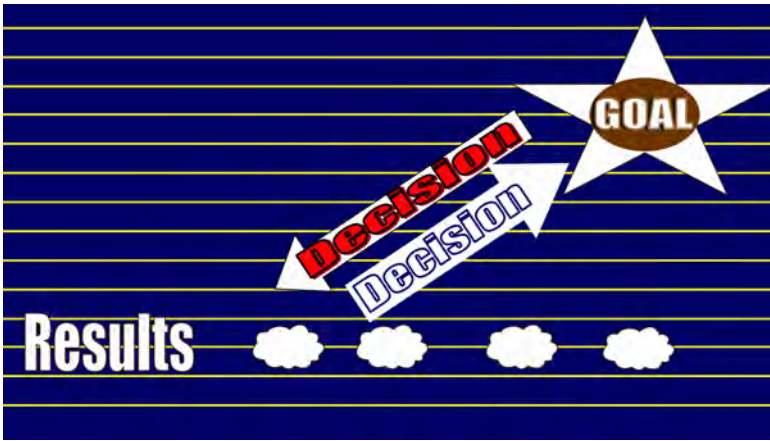


**Let these lines represent levels of Vibration.**

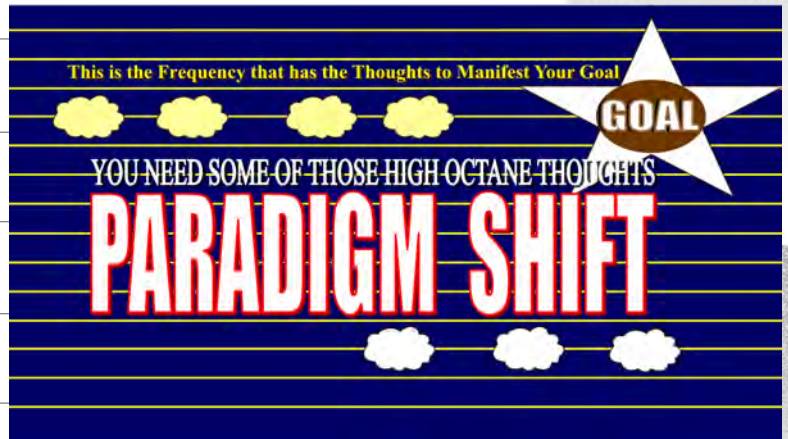
### Levels of Vibration are often referred to as Frequencies

## We Think on Frequencies

# PARADIGM SHIFT



# PARADIGM SHIFT





## THE LAW OF COMPENSATION

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### The Law Of Compensation Clearly States...

The amount of money you earn  
will always be in exact ratio to...

1. The **NEED** for what you do.
2. Your **ABILITY** to do it.
3. The **DIFFICULTY** there will  
be in **REPLACING YOU**.

### Focus on...

**2. Your ABILITY to do it.**

Become A Master  
at whatever you **DO** !



"Most people think they want more money than they really do, and they settle for a lot less than they could really earn."

*Earl Nightingale*

Make Effective Use Of PARADIGM POWER

Decide To Turn Your Annual  
Income... Into A

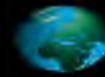
*Monthly Income*

ProctorGallagher Institute

## PARADIGM SHIFT

THREE INCOME EARNING STRATEGIES		
M 3	Multiply Your TIME MSIs	1% /96%
M 2	MONEY MONEY	3%
M 1	Time MONEY	96%

*You can have business all over the World through...*



**The World Is Getting Smaller**  
**We are only hours away from anywhere now.**

ProctorGallagher Institute





# PARADIGM SHIFT







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1 AWARENESS

*You*  
HAVE  
INFINITE  
POTENTIAL

8 Basic Principles for living the life you WANT to live.

2 WANT

**WANT**

...where do our WANTS come from?  
Why don't we act on them?

8 Basic Principles for living the life you WANT to live.

3 DECISION

# DECISION

...is tough because you are  
attacking your PARADIGM

⑧ Basic Principles for living the life you WANT to live.

4 COMMITMENT

# COMMITMENT

...separates the  
PROFESSIONALS from  
the Amateurs

⑧ Basic Principles for living the life you WANT to live.

5 ACCOUNTABILITY

# ACCOUNTABILITY

...a SUCCESS  
Insurance Policy

⑧ Basic Principles for living the life you WANT to live.

6 **FOCUS**



# FOCUS

... directs and increases  
**YOUR PERSONAL POWER**

⑧ **Basic Principles for living the life you WANT to live.**

7 **DISCIPLINE**



# DISCIPLINE

...is the ability to give yourself a  
command and then follow it!

**THIS I WILL DO!**

⑧ **Basic Principles for living the life you WANT to live.**





SANDY GALLAGHER

# VISIONEERING

⑧ Basic Principles for living the life you WANT to live.

8 VISIONEERING

# VISIONEERING

*...this is where you truly begin to create your world,  
through the effective use of your higher faculties!*

8 Basic Principles for living the life you WANT to live.

*You*  
HAVE  
INFINITE  
POTENTIAL

# CONTROL THE FLOW

...of thought energy,  
let it flow freely, to, and through you,  
improving everything with which it connects.

# VISIONEERING

*...this is where you truly begin to create your  
world, through the effective use of your higher  
faculties!*



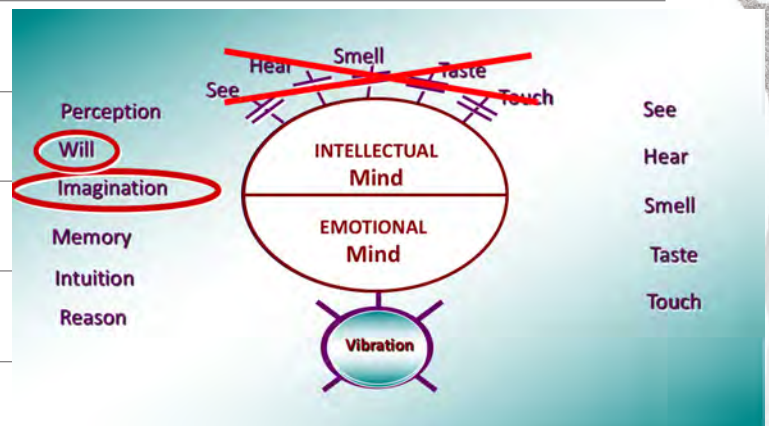
Hold the IMAGE of the Person YOU  
want to Be!

## VISIONEERING

### THE IMAGINATION

*...is the mental faculty out of which Visions arise.*

*"Begin Thinking Into Results"*



## VISIONEERING

### Order Of Visualization

*The exercise of the visualizing faculty keeps your mind in order, and attracts to you what you need to make your life more enjoyable and in an orderly way.*

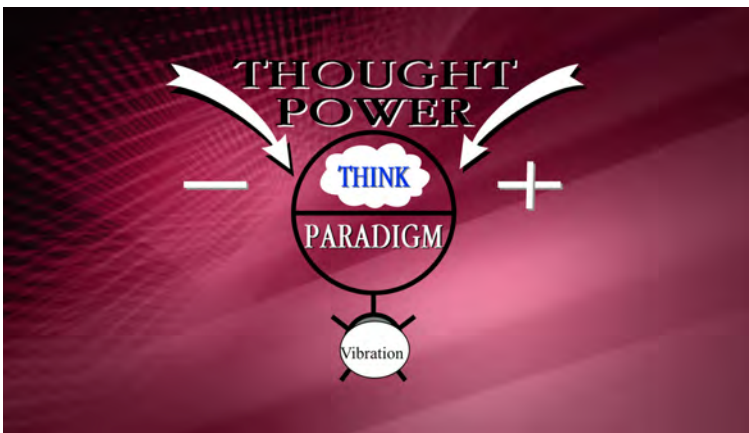
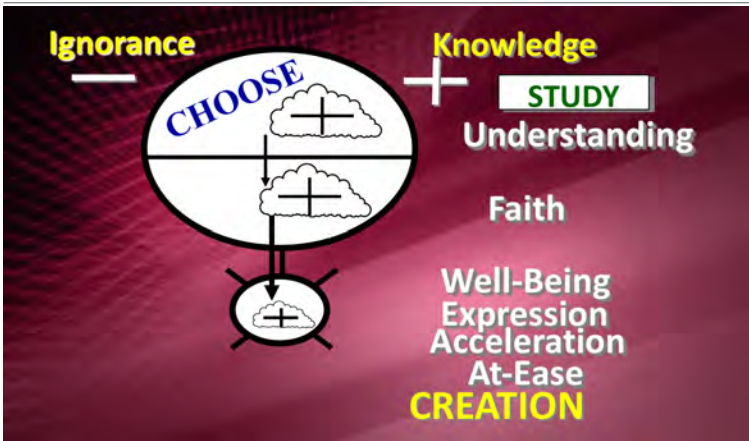
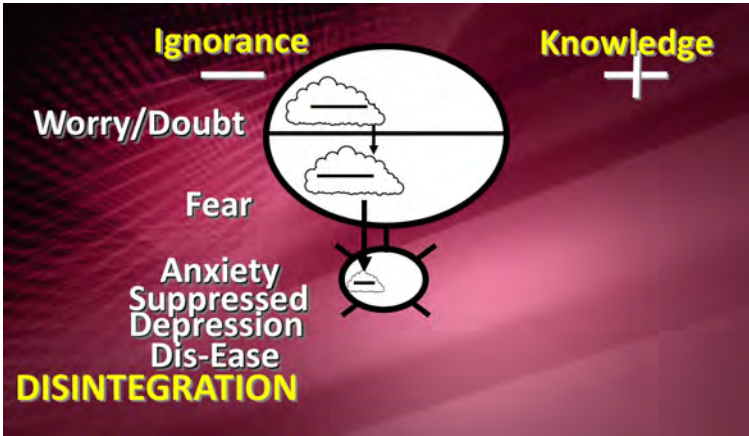


*If you train yourself in the practice of deliberately picturing your desire and carefully examining your picture, you will soon find that your thoughts and desires proceed in a more orderly procession than ever before.*

*Having reached a state of ordered mentality, you are no longer in a constant state of mental hurry.*

*Hurry is Fear, and consequently destructive.*

# PARADIGM SHIFT



## PARADIGM SHIFT

The moment your belief matches with any state you fuse with it, and this union results in the activation and projection of its plots, plans, conditions and circumstances.

This new state of conscious awareness becomes your home from which you view the world.

It is your workshop, and, if you are observant, you will see outer reality shaping itself upon the model of your imagination.

*In other words, when your understanding grasps the power to visualize your heart's desire and hold it with your will, It attracts to you all things requisite to the fulfillment of that picture by the harmonious vibrations of the law of attraction.*

## PARADIGM SHIFT

*You realize that since Order is Heaven's first law, and Visualization places things in their natural order, then it must be a heavenly thing to visualize.*

*Everyone visualizes, whether he knows it or not. Visualizing is the great secret of success.*



## PARADIGM SHIFT

*The conscious use of this great power  
attracts to you multiplied resources,*

*intensifies your wisdom,*

*And enables you to make use of  
advantages which you formerly failed to  
recognize.*



Hold the IMAGE of the Person YOU  
want to Be!

## PARADIGM SHIFT



**SANDY GALLAGHER**

# GRATITUDE

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[illegible]

# PARADIGM SHIFT



"I AM NOT WHAT HAS  
HAPPENED TO ME. I  
AM WHAT I CHOOSE  
TO BECOME."  
— CARL JUNG

## PARADIGM SHIFT



**"It's not who  
you are that  
holds you  
back, it's who  
you think  
you're not"**

respect yourself enough  
to walk away from  
**ANYTHING**  
that no longer  
serves you, grows you,  
or makes you  
**HAPPY**



## PARADIGM SHIFT

Peel off the masks of illusion  
Unshackle the chains of expectation  
Release the ingrained patterns learned  
Give up the stories of the past  
Let go of the fear...  
It is never too late to be  
*who you really are*

### "IT'S ALL IN AWARENESS"

There is a marvelous inner world that  
exists within man, and the revelation of such a  
world enables man to do, to attain and achieve anything  
he desires within the bounds or limits of Nature.

## PARADIGM SHIFT

### "KEEP CONSCIOUSLY CONNECTED"

We are then conscious of the source  
and creator of all power,  
and realize and receive the many  
benefits that surround us.

The entire process of  
mental adjustment and atonement  
can be summed up in one word .....

# GRATITUDE

**Gratitude**  
Your Connection to the Source of All Good

**My Daily Gratitude List**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

Be quiet for five minutes and  
ask for guidance for the day.  
Send love to those who  
bother you.

[proctorgallagher.com](http://proctorgallagher.com) 1-800-564-0415

**PGI**

Think Of 10 Things  
You Are Grateful For.

Be Quiet For 5 Minutes  
and Ask For Guidance  
For The Day



## PARADIGM SHIFT

*Send*   
To 3 People Who  
Are Bothering You

